



MASTER GARDENERS JEFFERSON COUNTY

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NEWSLETTER

February 2013

YARD AND GARDEN 2013 CONTINUES!!!



Thanks to January's line-up of wonderful speakers, and our amazing crew of volunteers, our first four lectures of our 2013 Yard and Garden Lecture Series absolutely fantastic!!

We still have two more outstanding speakers to wrap up our Series.

Ken Thompson, a Snohomish Co MG, joins us on Feb 2. He will be talking about watering techniques and how to make it easier, allowing gardeners to water more efficiently.



On Feb 9, we have the Galloping Gourmet, Graham Kerr speaking to us about the benefits of eating local foods and some great ways to prepare these tasty treats.



Both lectures are in the Art Bldg at the Jefferson Co Fairgrounds located at 4907 Landes St.

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Winter white up on the Coyle.
Photo submitted by: K Burns

The Yard and Garden Committee

WASHINGTON STATE UNIVERSITY



JEFFERSON COUNTY EXTENSION

Master Gardener Foundation

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Chair's Eye View of the (Master) Garden



Freezing January weather isn't very conducive to going outdoors and working in the garden, however it does provide an excellent excuse to stay indoors and read (only after you've caught up on entering your volunteer hours, of course).

To make the most of this "free time," as if there were such a thing, I suggest "The Forest Unseen – A Year's Watch in Nature" by David George Haskell. Mr. Haskell, a professor of biology at the University of the South, created, over the course of a year, a series of essays based on his acute observations of a single square meter of old-growth forest. His recurring visits to this "mandala" of nature lead to wonderfully enlightening observations about simple natural wonders: leaves, wildflowers, mosses, ferns, snails, salamanders, deer and much more.

While not strictly a book for gardeners, by connecting the microcosm of birds, plants and animals in his patch of woods to the macrocosm of the outer world he reinforces the idea that nothing—not even the microbes that exist in your garden mulch and soil—lives unrelated or unconnected to any other thing. His stories will connect you to the science and wonder that lie beneath and within your own beautiful gardens — or they may even make you see the world beyond your gardens in an entirely new light.

Enjoy! Here's to a mild winter and spectacular spring.



Article submitted by: Bob Grindeland;
JCMGF Chair

Photo submitted by: Patricia Weedman

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M.G. NEWSLETTER

Do you have an idea for an article in the newsletter? A book review, a favorite recipe or perhaps an upcoming gardening event? Do you chair an MG committee? Please submit all items for publication to Ali Dyché at **360-732-0433** or via email at alibruce113@yahoo.com, by the **20th** of the month. Thank you!



February Foundation Meeting

*Jefferson County Master Gardeners Foundation General Meeting
and
Speaker Series*



*Feb 14, 2013
3:00- 5:00 pm*

~~~~~

***Richard Lewis***

Entomologist



Richard Lewis will be doing a presentation on good and bad insects in this area. Richard Lewis has a masters from Washington State University in entomology. He has worked in numerous crops ranging from potatoes and tree fruit in Washington, to cotton and rice in California, to corn and soy beans in Maryland. He will discuss integrated pest management in homes and small gardens

***Laura Lewis***

Laura will address WSU Extension Master Gardeners' mission and how WSU Extension and Jefferson County Master Gardening Foundation work together while supporting each other to carry out the Extension mission of educating our community. Laura was unable to attend the previous meeting in January due to family emergency.

## Seeds Offered at February Foundation Meeting

I will be bringing the following seeds to the next foundation mtg in Feb to share with who ever wants them.

I do ask that if interested in taking some seeds please bring an envelope to put the seeds into.

Angelica gigas - biennial  
Digitalis ferrugina - biennial  
Veronicastrum virginica (lavender) - perennial  
Veronicastrum virginica (white) - perennial  
Astilbe (lavender) - perennial  
Meconopsis "Lingholm" - perennial  
Asphodeline lutea - perennial  
Francoa sonchifolia - perennial  
Primula florindae - perennial  
Primula japonica (magenta) - perennial  
Primula poissonii - perennial  
Pulsatilla vulgaris - perennial

Nigella- annual  
Zaluskaya- annual  
Cleome- (purple)- annual  
Nicotiana silvestris- annual  
Orlaya grandiflora- annual  
Ammi magus- annual  
Italian parsley  
Garnet Orach  
Pepper "Nardello" sweet  
Shingiki- edible chrysanthemum



*Submitted by: Erica Iseminger*

## THE NATIVE PLANT DEMONSTRATION GARDEN IN FEBRUARY 2013

These small and lovely sculptures were created by Elizabet Skyhawk, a local artist exploring the connection between spirit and nature.

They can be seen in the Subalpine area of the garden at least until the end of February (or until nature claims them back ☺). One might want to check them out sometime. They are even more enchanting when you see them all together. We are hoping that new and different ones will appear in the future.



*Submitted by: Linda Landkammer; Native Plant Garden*

### MG COORDINATOR'S REPORT

Training will be held January 23 through April 24 on Wednesdays. Any MGs that wish to help, in any way, contact Sarah. We welcome your help. We will be using Twin Vista Ranch on Marrowstone Island for some of the training as well as the WSU office meeting room as well as field trips and plant ID out in the community.

Plant Clinic had a meeting to discuss the 2013 clinic year. Changes and more information coming up as we develop it. Needed to make it happen are curious and outgoing MGs that like to do research and help educate the public.

*Submitted by: Sarah Fairbank; JCMGF Coordinator*

report



## Pruning with Karen Page



On Wednesday February 13, the MG class of 2013 will be learning about pruning. All MGs are invited to participate on this day. We will begin at 9:30 am at WSU's Twin Vista Ranch 6456 Flagler Rd. Marrowstone Island.

Karen Page will give a short talk on the basic principle of pruning. We will then go into the orchard and have a chance work with the trees. There are apples, pears, plum, quince, fig and kiwi to be pruned. Dress for the weather. Bring pruners and saws, alcohol to clean tools, orchard ladders and a lunch.

Please let me know if you plan to attend.



Sarah Fairbank



## Tree Grafting Basics for the Home Orchard

Quimper Grange will present a talk by professional tree grafter, Tim Kubica on Feb 4th at 7:30 PM. Tim gained his expertise through apprenticeship and on the job training and for more than ten years has been grafting orchards along the Columbia River, from Oregon to Canada. During the off-season he is a landscaper. The past two years his eleven-year-old son Carter has been working with him and hopefully will be able to help his dad demonstrate grafting technique at the Grange. Those who attend this program can expect to learn how to graft a tree branch onto a new host root system and reasons for doing so. Tim's aim is to give newbie grafters confidence that they can do this themselves. For this reason the apple tree will be used as an example because it is among the easiest trees to graft. Tim will talk about varieties of apples that are suited to our maritime climate and reasons a home orchardist might want to graft several types of apples on one tree.

The program will be at Quimper Grange, 1219 Corona St, Port Townsend. Doors open at 7:00 pm, program starts at 7:30. Suggested donation is \$5-\$10. Info: call **Marla Streater** at **385-6924**.

## LUPIN, LUPINE, LUPINUS . . .



. . . Bluebonnets, Quaker Bonnets, wild, hybridized, bitter, sweet, edible, inedible, protein rich and toxic. To say that this lovely herbaceous perennial plant is diversely bewildering would be a grave understatement.

Pronounced 'lupin,' but often spelled lupine particularly in the US, the name in Latin means 'belonging to a wolf.' A member of the *Fabaceae* or pea family, according to the USDA there are 165 species, but 355 acceptable taxa in all. Most of the species are perennials; a few annuals, a smattering of shrub-like species that grow to nine feet and one species of Lupin found in the state of Oaxaca, Mexico that grows up to 26 feet. There has been extensive Lupin studies completed (Purdue, U of Minn., U. of Wisconsin to name a few) primarily because it is emerging more and more as a viable food source despite the fact that historically Lupins were cultivated and consumed by the ancient Romans. Let's take a look at the ups and downs of Lupin.

As for the ups, if you've seen a meadow of blooming Lupin, it is truly a breathtaking moment in the day and the life of Mother Nature. As Henry David Thoreau writes of his observation of a hillside of Bluebonnets; "The earth is blued." Exactly! Lupin is a popular ornamental plant and important to butterflies and moths, but did you know that the harvested peas at the top of the plant (post flowering) are a complete protein? According to the ASI (Agricultural Sustainability Institute) in Western Australia and Chile, harvesting huge areas of Lupin is a cash crop. These sweet, non-toxic peas are fed to livestock and poultry and are being served as snacks with beer in Europe or in "Lupini" dishes throughout the Mediterranean region. Considered an alternative to soy, Lupin is also ground into flour and included in many vegan dishes. Lupin is also a great plant for barren and infertile soils and is capable of pioneering positive change in them. It is a nitrogen fixer and often used for green manure and can be successfully intercropped with cucumbers, squash, broccoli and spinach.

The down side of Lupin is biologically/botanically more complex. For the most part native Lupin is poisonous unless the harvested peas have been boiled several times. Keep it away from grazing animals as the stems are also toxic and can cause Lupin poisoning, a neurological condition. The edible hybridized "sweet" Lupin (White-*L. albus* L.; Yellow-*L. luteus*; Blue-*L. angustifolius*) is fine as long as it free of *Diaporthe toxica* which is a fungus that causes Mycotoxic lupinosis resulting in severe liver damage. Yikes.

There appears to be more ups than downs to the lovely Lupin, it's just that the downs are quite problematic. But let's not let that take away from enjoying a meadow of blued earth.

## Re: Garden Column



Still seeking writers for the column! It is a task that is actually quite interesting and not that complicated. In fact 350 words FLY by in a flash (and the reason that some of the longer, uncut columns are shared with Ali and her MG newsletter)—there is much info edited out each week. If you are interested in writing, please do. Let me know what you would like to write about and we can make it happen. Should you have a suggestion for a column that would be great too. Input is appreciated. Contact me: [christinalacie@earthlink.net](mailto:christinalacie@earthlink.net).

PS - I can be usurped if anyone is interested!

*Submitted by: Christina Lacie: Gardening Column*

## I NEED A SUMMER SUB TO DO THE NEWSLETTER

I am needing to take the months of July-Sept off this year. Due to this, I need someone to take over the publication of our monthly MG Newsletter for the months of Aug-Oct. I shall take care of July's edition before my hiatus begins.

I will of course, gladly train the volunteer if they'd like.

Again, it will only need to be for three months and I will gladly take the task back in Oct.

This is a great way to express your creativity and learn a little more about how computer programs work. You just might surprise yourself about how much you already know!



*Submitted by: Ali Dyche: Newsletter Editor*



## A Workshop with Ciscoe Morris

WASHINGTON STATE UNIVERSITY  
EXTENSION  
Island County Master Gardeners

Guest Speaker: Ciscoe Morris  
"Design the Oh La La Garden"  
Oak Harbor  
High School  
March 9, 2013  
"Gardening for Life"

# 2013 Whidbey Gardening Workshop

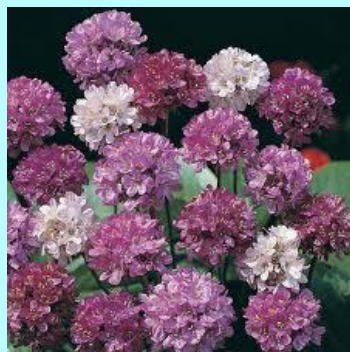
Online registration begins Monday, February 11, 2013  
at [www.island.wsu.edu](http://www.island.wsu.edu) or call 360-240-5527  
to request a registration packet by mail.

2013 Sponsors: Diamond Rentals, Honeymoon Bay, Popsies  
Skagit Farmers Supply, Whidbey Market Place & News, Whidbey Island Bank  
Whidbey Telecom, Windemere Real Estate



### NAME THAT PLANT

ANSWERS ON PAGE 13  
SUBMITTED BY: ALI DYCHE





## JCMFG OPINION PAGE



I have felt very sad at the turn of events in Master Gardeners as of late and I am not quite sure why. At the information meeting last Thursday I think it was repeated several time that for 18 years we have been a great organization that has done many wonderful things in the community.

It was also said several times that we were out of control and one of the "renegade" Master Garden foundations in the state. Never were we told what those terrible things we have been doing over the years. I take real offense at that. Even if the powers that be feel that way, they need to find a kinder, gentler way to say so.

Our projects have benefited and educated the community and helped many young people become interested in horticulture. We have raised a great deal of money for these projects and have enjoyed doing it. I think it is very important to make the volunteer work interesting, educational and fun---something really difficult. We have been extremely successful at doing just that. It seems to me that WSU is trying to fix something that isn't broken

I know for a fact that our board over the years have been very careful to follow the rules set by WSU as to which projects could be accepted for hours for Master Gardeners...many projects have not been accepted.

I do not know if the Secret Garden Tour has been called non-educational and I do not know if WSU has researched it, but I am convinced that there is lots of examples of the educational value of the tour, both to the docents and to the people who take the tour. Has anyone at WSU actually been to a Secret Garden Tour?

The final question I had with the information last Thursday had to do with sharing the fund-raising money with WSU. If WSU provides a service for us (printing etc.) we should of course pay for that, but I do not want to volunteer for a Master Gardener fundraiser that dictates by WSU as to where any of the money goes and I really resent WSU telling us we MUST share our funds with them if we want hours---we should not be buying hours and I think it benefits WSU if we report hours.

Finally, as a veteran Master Gardener I think this whole situation could have been handled better.....I would have liked an email on the List-Server from WSU saying that they were sorry for all misunderstandings, asking us politely to be patient and not threatening us if we stated our questions and fears.

Of course I am speaking only for myself.

Joan Wilder

## WSU OPINION PAGE DISCLAIMER

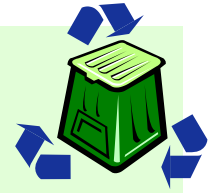
***PLEASE NOTE THAT WSU HAS NOT ENDORSED THIS SECTION OF THE JCMG NEWSLETTER.***

***IT HAS BEEN INCLUDED AS A FORM OF COMMUNICATION FOR THE JCMGF UNTIL WE COME UP WITH ANOTHER WAY FOR US TO DO SO.***



*Ice sculpture. Photo submitted by: Patricia Weedman*

## WHAT IS IN YOUR GARDEN COMPOST?



### IS MUNICIPAL SLUDGE POISONING OUR FOREST AND AGRICULTURAL SOILS?

On Tuesday, February 12, 2013 learn about the danger of municipal sludge and its compost products in the film documentary **Sludge Diet**, and after the film, join a discussion presented by toxicologist, **Dr. Richard Honour** who will discuss this serious ecosystem disruption. The film and presentation establish the interrelationship between the immediate adverse environmental effects of toxic sludge that can kill microbial, plant and animal species, and the longer-term adverse effects on human health.

The forum will be held from 7PM until 9PM at the Port Townsend Community Center, 620 Tyler St., Port Townsend, WA. The documentary, *Sludge Diet*, will be shown in the first hour, followed by Dr. Honour's presentation on the consequences of spreading toxic sludge on forest lands. The event is hosted by Sludge Free WA, a working group of the Sierra Club's WA State Chapter Conservation Committee and the Sierra Club North Olympic Group.

The documentary *Sludge Diet* covers the process of making sludges from waste water treatment plants, industrial sites and large animal feeding lots. It follows sludge as it winds its way from production to product, then where it is applied, and the results of that application.

Dr. Richard Honour has worked for nearly 30 years in the field of Toxicology with focus on soil microbiology, and plant pathology and infectious diseases. He is also the Executive Director of The Precautionary Group, Kenmore, WA, a nonprofit established to evaluate the adverse effects of land-applied sewage sludges and other toxic wastes used as composts, fertilizers and soil amendments.

**ADDITIONAL INFORMATION:** The public will learn about the complex mixture of organic and inorganic chemicals and pathogens, pesticides, radionuclides and other environmentally-persistent and bioaccumulative poisons in sludges, which can be carcinogenic, hormone disruptive and neurotoxic. These composts/fertilizers are sold as soil amendments to farms, marketed for residential gardens, and spread on forest lands. The public will learn what questions to ask when purchasing fertilizers, how to look for clean sources, and potential safe uses of toxic sludges.

The WA State Chapter of Sierra Club recently started *Sludge Free WA*, a working group to end the land spreading of toxic municipal and industrial sewage treatment plant wastes in WA and find safe alternatives for reuse of the waste. Currently, as across the nation, these toxic sludges are sprayed on forest and farm lands and sold to the general public as compost/fertilizer. These solids from the treatment facilities are "treated" for a very few components, but not for pharmaceuticals, personal care products, prions—infectious agents made of misfolded proteins—e.g. the Mad Cow Disease agent (Bovine spongiform encephalopathy -BSE), hospital wastes, and many, many other things that are flushed down the toilet or dumped into the mix by industry.

For more information contact Darlene Schanfald **360-681-7565** or email her at [darlenes@olympus.net](mailto:darlenes@olympus.net).

## Miscellaneous Tidbits, Happenings and Items of Interest



—The North Olympic Fruit Club promotes the growing of fruits and nuts. They provide a wide range of useful information in their monthly programs which are offered free to the public. The club meets the first Tuesday of the month at the Tri-Area Community Center at 7 pm.



—The Olympic Peninsula Mycological Society is a group devoted to the knowledge of mushrooms, from harvesting wild species to home cultivation. Different topics are covered each month and programs are free to the public. OPMS covers the entire Olympic Peninsula, and thus meets alternating months at the Tri-Area Comm. Center and the Gardiner Comm. Center. Meeting nights are the second Wed of the month and meetings begin at 6:30 pm.



***DONE FOR THE YEAR, BUT PLEASE FEEL FREE TO CONTACT US FOR INFORMATION ANYTIME!!!***



***THE MARKETS ARE CLOSED FOR THE YEAR AND WILL RESUME IN SPRING.***

***CHECK THIS OUT***—Have you ever wanted a goose? Free to good home. 1 picked on Toulouse goose. Gender unknown, but suspect male. Age about 2-3 years old. Call Barbara Schultsz at 360-379-0338



***CHECK THIS OUT***—The Castle Hill Community Garden, located at 8th & Grant Streets in Port Townsend, is in need of new members as we enter into our 2013 growing season. Anyone interested in joining us, or who would like additional information, please contact Naomi at 360-344-3434 or Pat at 360-385-1790.

*If you have a misc tidbit, happening or item of interest that you would like posted on the bulletin board, please submit your item to Ali Dyche at [alibruce113@yahoo.com](mailto:alibruce113@yahoo.com) by the 20th of the month.*

## READING ROOM



Over the last year, I have become more and more interested in Lavender. It comes in tall or short varieties. Clumping or spreads-like-crazy specimens. There are purple ones, pink ones, and white ones too to choose from. Pollinators love them. They're great for ground cover or background accents. But that's not all. Lavender is edible and great for drying for potpourri. It can be prepared for flower arrangements and so much more. I wanted to learn more about this amazingly versatile plant so I picked up "Lavender— How to Grow and Use the Fragrant Herb" by Ellen Spector Platt.

Ellen explains how easy lavender is to grow in a nice sunny place. She tells us about which varieties are best for your area and describes height and how vigorously they spread.

Pollinators especially appreciate lavender as, this could be reason alone to grow it!

There are detailed sections on care and maintenance of lavender which includes planting, pruning, starting from seed, and types of propagation.

This book includes tips on harvesting, different projects to do with lavender, a selection of potpourri recipes and even some culinary delights to wrap up this great book!

If you are interested in planting some fairly low maintenance perennials that pollinators love that you can use in a multitude of ways, lavender might be that plant for you and "Lavender— How to Grow and Use the Fragrant Herb" might be the next book for you.

*Submitted by: Ali Dyche*





Just a few ingredients, including pecans and mustard, make plain chicken breasts delicious and very special in this easy recipe.

**Prep Time: 15 minutes**

**Cook Time: 15 minutes**

**Total Time: 30 minutes**

**Yield: 4 servings**

#### Ingredients:

- 4 boneless, skinless chicken breast halves
- 2 tablespoons flour
- 2 tablespoons cornstarch
- Salt and pepper to taste
- 1/2 cup creamy honey mustard salad dressing
- 1/4 cup honey mustard
- 1-1/2 cups finely chopped pecans
- 2 Tbsp. butter
- 1 Tbsp. olive oil
- 1/4 cup creamy honey mustard salad dressing
- 2 tablespoons honey mustard
- 1/3 cup sour cream
- 1/4 cup plain yogurt
- Salt and pepper to taste
- 1/4 tsp. dried thyme leaves



#### Preparation:

Pound each chicken breast or thigh as follows. Place between 2 pieces of waxed paper, boned side up and *pound with rolling pin* gently until about 1/4" thick.

Mix flour, cornstarch, salt, and pepper on a plate. On another plate, combine 1/3 cup salad dressing with 1/4 cup honey mustard and mix well. On third plate, mix pecans and 1/4 teaspoons thyme. Coat chicken with flour mixture, then dip into dressing mixture, then the pecan mixture, pressing to coat well.

Melt butter with olive oil in heavy nonstick skillet over medium heat and cook coated chicken breasts 2-3 minutes on each side until chicken is thoroughly cooked. Watch carefully, as the pecans can burn easily! If you did not pound the chicken, it will not cook through before the pecans over cook. Do NOT use chicken thighs because they take too long to cook.

Remove chicken from skillet as it is cooked and cover to keep warm.

To drippings remaining in skillet, add 1/4 cup salad dressing, 2 tablespoons honey mustard, sour cream, yogurt, salt and pepper to taste, and 1/4 teaspoon thyme and heat until mixture boils. Pour over chicken to serve.

Try serving it with sautéed asparagus spears or Brussels sprouts, a nice crusty bread and perhaps, top it off with a luscious chocolate mousse.

*Submitted by: Ali Dyche*

## NAME THAT PLANT ANSWERS

Though “frugality” is a synonym for “thrift,” Southern gardeners know of one “thrifty” plant that doesn’t skimp on colorful blooms. The “thrift” seen in gardens throughout the South is *Phlox subulata*, a type of creeping phlox that is not frugal at all in providing an abundance of color and flowers.



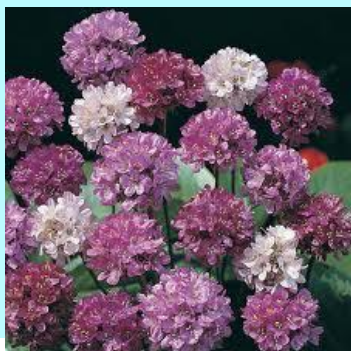
A low-growing perennial, thrift becomes a carpet of pink, lavender, white, rose or purple blossoms when in full bloom in spring. Another common name for thrift, “moss pink,” describes its color and growing habit. If planted in a sunny and sheltered spot, it may even send up flowers throughout the milder parts of winter.

Thrift is sometimes massed as a groundcover to stabilize banks that are difficult to mow, but it is just as suitable as a single plant in a sophisticated rock garden or combined in a bed with other perennials. My favorite way of using thrift is to plant it at the top of a wall and let it spill over as it grows. Because it is mat-forming and durable, thrift is often planted on gravesites, thriving as long as a careless groundskeeper doesn’t scalp the ground with the mower.

Thrift grows best in full sun to part shade in well-drained soil. It does not have any particular demands as far as fertilizer, water or maintenance are concerned, but benefits from being divided every few years if it becomes too thick. It is fairly drought tolerant once established. Candytuft, crocus, thyme, creeping oregano, prostrate rosemary, yucca, creeping raspberry and winter jasmine are good companion plants for thrift.

Another plant, *Armeria maritima*, also goes by the common name “thrift” or “sea thrift.” I have not had luck with it in our humid climate, but will try it again. (I usually have to kill something several times before I am convinced I cannot grow it.) If you are unsure about which plant you are seeing, check its botanical name.

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# JCMGF December 2012 Board Meeting Minutes



## JEFFERSON COUNTY MASTER GARDENER FOUNDATION BOARD MEETING MINUTES

January 3, 2013

Members present: Voting members – Candice Gohn, Co-Chair; Sonja Henderson, Treasurer; Jill Bacchieri, Secretary; Board Members – Janet Mizuguchi, Mark Clark, Pat Aniotzbehere, Sharon Garrels, Diane Threlkeld., Non-voting member – Laura Lewis, WSU JC Extension, MG Coordinator – Sarah Fairbank. Guests - Linda Pfafman

Call to order: The meeting was called to order by Candice Gohn, Co- Chair, at 3:00 PM in the WSU Madrona Room.

Quorum: Eight of the nine voting board members were present.

December 2012 Master Gardener Foundation Board Meeting Minutes: The December MG Foundation Board meeting minutes were approved by quorum of votes through e-mails.

### Treasurer's Report:

Sonja, treasurer, reported that she has printed out a 2013 report but that it will change after we find out what changes will be coming from WSU (transfer of training for new MGs, advanced education, and plant clinic).

Mark stated that the bylaws say that the outgoing and incoming treasurer will work together to submit a budget at the first meeting, which budget should be voted on at the second meeting.

Candice said we will be approving the budget next meeting.

Sonja said that we need another person to be on the account in case she is not able to follow through with her duties. The board suggested Bob G. as the second person on the account.

**Action Item:** Candace Gohn will ask Bob if he will volunteer to be on the account.

### Coordinator's Report:

Sarah reported that the Yard and Garden Series is all set and will start Saturday with Laura Lewis as the first speaker.

Pat Aniotzbehere was very helpful in getting all the MG hours together. We logged 6,506 hours in 2012.

Sarah said that we need to take a hard look at the educational hours and certification. Evelyn Barris will be helping Sarah with this.

Eleven people for are signed up for MG training, which starts January 23. Diane and Sarah met at Twin Vista and are starting to coordinate the course logistics.

Traveling plant clinics (Forks, etc) will be the first two weeks of each month and Sarah will have details later this spring

The new location for local plant clinic will be at the new WSU location (Cupola House). WSU will most likely be moving there sometime in March.

Sarah is having a meeting with the Farm School Coalition to coordinate MGs working with them.

Sarah will be also working with the new advisory board shortly. The advisory board is something that Toni asked Sarah and Laura to put together as to how the MG board will interact with the Master Gardeners. This board will work on "needs assessment" and also evaluate old programs.

(At the end of the meeting it was decided that there was no need for an advisory board. The regular board will take over the tasks of the Advisory Board).

Linda asked if Sarah has had a chance to ask Laura about gas mileage reimbursement for distant plant clinics. Sarah has not.

### Committees Report:

Candice said that because the advisory committee is so important, she needs to talk to everyone to see who is planning on continuing programs in case we need to put a halt on any of them.

She has talked to the following:

David - chick program

Nancy Villagran – Habitat for Humanity

Laurel and Glenn – Herbie, the Seed

Judith – MG Garden

Shirley – grants

All of these coordinators stated that they'd like to keep working on these programs.

Candice would like to see the program coordinators get together to discuss programs in general.

Sarah suggested that it would be nice to get someone to help Nancy with the Habitat program.

Mark said that leadership for committees is not decided by years; it's decided by who decides not to continue. What happened in 2012 will continue until otherwise decided.

Sarah has asked that we defer the committee discussions until the advisory committee has met.

Diane Threlkeld reported that the Secret Garden is "increasing speed". Seven gardens have been picked in the PT area. The theme is "beautiful and bountiful". We have artwork ready for Sally to work on the brochure. Diane asked that if anyone sees any promotions in the PDN to please let her know.

Diane and Laura will be on "Tossed Salad Radio Show" this Friday 12-4, promoting WSU Extension Jefferson County.

Candice said that Henny's is already out of tickets. We are hoping to sell 75 series tickets. We've sold 55. We are setting up 100 chairs, but more are available for walk-in overflow.

Pat recommended that a sign should go up at recreation center to make sure that people who mistakenly go there are redirected to go to the fair



## JCMGF January 2013 Board Meeting Minutes Cont.



grounds.

### **Outstanding Issues from 2012:**

Has the MOA been approved?:

Mark said he has been the lead on the MOA. He discussed the issue with Laura before this meeting. There was a back and forth and it has gone to the lawyers at WSU. It's been sitting for six months. From Mark's point of view there are no issues, but from WSU's there is. Mark thinks that Laura is holding it until we make the changes/agreement between MG and WSU. (The previous MOA has expired.)

Sharon thinks we should keep it on the agenda each month so that we don't forget it.

### **Travel Reimbursement Decision:**

Candace asked Mark to look up the customary reimbursement rates. Mark got responses from nine counties. They are varied; no standard:

Examples:

Thurston – IRS rate - .14 / mile; full for lodging

Mason - .555 /mile; lodging per WA State recommendations

Kitsap and Island – no reimbursement

Lewis – IRS rate

In the past, we had a lower rate for volunteers, but no one submitted for reimbursement until this past year, when it was increased to a higher rate.

Mark said that this is all in the policy book (JC, not state). Mark read from the JCMGF Volunteer Handbook - 5/10/12, part 11, paragraph 5, states that travel expenses are generally not reimbursed. Extraordinary travel can be reimbursed at 28 cents/mile and lodging at \$75/night. It also allows reimbursement of the cost of event admission.

Sarah said that this is all tied into the foundation/WSU issue.

Linda said that the travel rate that was approved by the 2012 board is tied to a fluctuating rate that is set by Washington State every year in October. The mileage set in 2012 will be in effect during 1/1/13 -- 12/31/13. It is \$0.565 / mile and hotel rates vary by county. This should be decided case by case.

### **Foundation Flag Fundraising:**

Linda said that the Foundation has spent some money on merchandise. The merchandise consists of \$600 worth of garden flags. They are made locally and we're testing them at Yard and Garden and meetings to see how well they sell. The flags vary from 4 to 6 per string and are priced between \$20 and \$40. (Note: the flags vary in size, color, and print.) Napkins are \$25 for a set of 6.

### **WSU/Foundation Transition Report**

Laura Lewis joined the group for this segment of the meeting.

Laura said that she will be addressing the arrangement of the two entities (WSU/MG and MG Foundation) at the next Foundation meeting (1/10). She wants people to understand how the two separate entities will work together and combine efforts. Laura said that she wants to clear up that WSU and MG Foundation were once thought to be one in the same, and that she will make the distinction at the foundation meeting. Laura stated that there would not have been a MG program if not for the MG Foundation and what it has done for the last 10 years or more. She wants to clarify the partnership but make the distinction.

She said that one of her tasks as director is to be able to show paperwork for all the activities, and show what's going on. She will try to untangle it, but show that it's a symbiotic relationship.

Laura said that fundraising activities are not sanctioned events. It doesn't mean that we can't do them, it just that we can't say it's a "WSU event".

Laura says that WSU should cover the plant clinic travel. The plant clinic is a pretty straight forward one, in that it is a WSU activity.

Qualifying activities for continuing education credits hours:

For hours, right now the minimum is 35 minimum hours; 10 need to be continuing education.

Tonie Fitzgerald has been very clear about which hours are not accepted (ex. Foundation fundraisers, Secret Garden Tour in old format).

Laura continued that WSU needs to have measurable educational outcomes.

Sarah said that MGs need to look around the county to see what needs are already being met.

Mark put together a starting point chart for "JC Master Gardener Program Activities".

Mark said that in 2008, he took the list to the extension director, and was told that they all qualify.

Laura said that anything that qualifies for hours should be approved by WSU Extension Director.

Mark wants to set a target to get this finished. For the meeting next week, nothing has changed but by April foundation meeting, we will have an answer.

**Action Item:** Board needs to review and make an opinion on the line items in the activities list for next meeting.

**Financial Arrangement:**

Current language in MOA says that WSU does supply computer space, etc, but the MOA will say what activities WSU will invoice the MG Foundation. If WSU decides that they want to charge us (example, space for meetings), then MG can decide if we want to take them up on the offer.

Laura said that Sally estimated that 13% of her time is spent on MG program (plant sale poster, Y&G poster, database, phone calls, emails, working with committees, etc). This comes to approximately \$250/month. Laura stated that WSU bills other entities for her time/services (example - County Health poster).

Laura also had Kate figure out the office infrastructure use for MG (MG phone, computer, internet, etc). This comes to approx. \$1000/year.

In addition, \$3000 is approximated to be the amount from Laura's time devoted to MG (15%).

The intention of this is to show a ballpark figure of what money needs to be reimbursed to WSU each year.

**Adjournment:** Candace adjourned the meeting at 5:05PM.

*Respectfully submitted by Jill Bacchieri, Secretary*



## JEFFERSON COUNTY MASTER GARDENER FOUNDATION GENERAL MEETING REPORT/ MINUTES JANUARY 10, 2013

### **MG General Meeting:**

42 people attended the meeting at the Tri-Area Community Center.

### **Presentation:**

The guest speaker was Micaela Colley, Executive Director, of the Organic Seed Alliance. Micaela reviewed OSA's mission statement ("Organic Seed Alliance advances the ethical development and stewardship of the genetic resources of agricultural seed. We accomplish our goals through collaborative education, advisory services, and research programs with organic farmers and other seed professionals.") and discussed OSA's programs in detail, followed by a question/answer session.

### **Meeting:**

Bob Grindeland chaired the meeting, following the presentation and a short break.

Laura Lewis was scheduled to lead a discussion and answer questions about the relationship between WSU Master Gardener program and the JC MG Foundation. Due to an illness in her family, Laura was unable to attend. Sarah relayed that Laura gives sincere apologies about not being here. She told Sarah that she can come to the next few meetings if we want her to, and that also she has an open door policy for everyone. A Master Gardener panel reviewed the PDF presentation with the foundation members, asking members to take turns reading each slide out loud. The slide topics were:

#### **Difference between WSU Master Gardener program and the Foundation**

##### **WSU Extension Mission**

##### **WSU MG Volunteers**

##### **Master Gardener Foundation Washington State**

##### **Jefferson County Master Gardener Foundation**

##### **Nature and Scope of WSU**

##### **Requirements of a WSU MG Volunteer**

**WSU MG Program Focus** – A lot of discussion occurred on this topic. The panel explained that there's an advisory committee that will be helping to determine any changes. It was emphasized that no changes will take place with the Secret Garden Tour this year. The transition will happen slowly... no one's money or hours will be taken away. This next month, the board will be taking a look at all the committees/programs. An important question will be if the current and future committees meet the WSU educational requirements. We are looking at WSU to tell us what's acceptable and not acceptable. Some will be clearly WSU sanctioned; some won't. This does not mean that we can't run any particular program; it just means that we can only call it WSU sanctioned if it's approved as meeting the educational requirements.

### **Examples of Change**

#### **JCMGF Activities**

#### **Why does any of this matter?**

#### **How do we move forward?**

#### **How can you help?**

The scheduled seed exchange was cancelled due to time and low numbers of seeds brought in.

Meeting adjourned at 5:05.

*Respectfully submitted by Jill Bacchieri, Secretary*



*Winter on Lake Leland. Photo submitted by:  
Mike McFadden*



# PHOTO GALLERY



How our plants look at the beginning of January and at the end of January.



*Clockwise from left:*

*Snow covered gate at Kris Burns house.*

*Snow damage to a Japanese snow-bell.*

*Kris Burns greenhouse in quiet snow covered elegance.*

*A bunch of "fun guys"*

*Lilies pushing up through the soil.*

*Photos submitted by: Kris Burns*



*Spring is awakening in Erica Iseminger's yard. Beautiful blossoms offer a welcome promise of spring to come and the wonderful things we have to look forward to.*





## Schedule of Events

# February 2013

**Jan 3**– Board mtg; 3 pm; WSU/Madrona room  
**Jan 5**--Y&G w/Dr Laura Lewis; 10-noon; Jefferson Co Fairgrounds  
**Jan 10**– Foundation meeting; 3 pm; Tri-Area Comm Center  
**Jan 12**--Y&G w/Dr Craig Cogger; 10-noon; Jefferson Co Fairgrounds  
**Jan 19**--Y&G w/Dr Carol Miles; 10-noon; Jefferson Co Fairgrounds  
**Jan 23**— MG Training begins; every Wed through Apr 24  
**Jan 26**— Y&G w/ Midori Farm; 10-noon; Jefferson Co Fairgrounds

**For all other items, activities and events,** please see Misc Items on page 6

**MG Board Meeting** - First Thurs of each month; 3:00 pm, WSU/Madrona room

**MG General Foundation Meeting** - Second Thurs of each month, 3-5pm, Tri-Area Comm. Center.

**Plant Clinics are now closed until spring 2013.**

**D**o you have an item for the Calendar/ Schedule of Events? Please submit to the editor at [alibruce113@yahoo.com](mailto:alibruce113@yahoo.com), or call Ali at **360-732-0433**. Committee chairs, please submit dates, times and locations of your meetings.  
**Newsletter Deadline: 20th** of the month.



| Sun    | Mon    | Tue    | Wed                          | Thu                                                                             | Fri | Sat                                            |
|--------|--------|--------|------------------------------|---------------------------------------------------------------------------------|-----|------------------------------------------------|
|        |        |        |                              |                                                                                 | 1   | 2<br><i>Y&amp;G 10-12<br/>Ken<br/>Thompson</i> |
| 3      | 4<br>  | 5      | 6<br><i>MG Training</i>      | 7<br><i>JCMGF<br/>Board Mtg<br/>3-5 pm</i>                                      | 8   | 9<br><i>Y&amp;G 10-12<br/>Graham<br/>Kerr</i>  |
| 10     | 11<br> | 12     | 13<br><i>MG Training</i><br> | 14<br><i>JCMGF<br/>Found. Mtg.<br/>3-5 pm</i><br><i>Valentine's<br/>Day</i><br> | 15  | 16                                             |
| 17     | 18     | 19     | 20<br><i>MG Training</i>     | 21                                                                              | 22  | 23                                             |
| 24<br> | 25     | 26<br> | 27<br><i>MG Training</i><br> | 28                                                                              |     |                                                |



WSU Jefferson County Learning Center  
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